

Goals 2021

2020 Quick Review

Wins & Successes: _____

Regrets: _____

Most Grateful For: _____

Best Memories: _____

2021 Goal Categories & Prompts

- **Family**
- **Financial**
- **Health & Fitness**
- **Spiritual**
- **Business & Career**

- **Our Home**

- **Charity, Volunteering & Community**

- **Lifestyle**

 **Fast Forward**

It's Friday morning on December 31st, 2021.

What has happened over the 12 months to make 2021 a great year?

- 1) _____
- 2) _____
- 3) _____

 **Reviewing Habits & Routines**

Stop: _____

Start: _____

Keep: _____

 **Goals Review Schedule**

- Monthly Quarterly Six Months Unscheduled